

Bangor First United Methodist Church
703 Essex Street , Bangor Maine



Cross



Talk

September, 2019

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First

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The United Methodist
Church



OPEN MINDS
OPEN HEARTS
OPEN DOORS

Recently we returned from a Smith family tradition—a week of vacation at Fortune’s Rocks Beach at Biddeford Pool (Maine.) My parents took us Smith kids there when we were little tots, and almost every summer we have returned. Judy and I picked-up on this tradition thirty years ago with our sons; in recent years we have returned to Fortune’s Rocks Beach with our sons and grandkids.

One of our favorite pastimes is to walk along the beach searching for “treasure” (our treasure includes sea glass, interesting small rocks and shells.) During our most recent beach visit, six year old McKenna joined us on our treasure hunt. After fifteen minutes or so, Judy and I lamented that we weren’t finding much, at which point McKenna chimed-in: *“You’re walking too fast, you’ve got to slow down to see the treasure!”* She was right! When we slowed down, we were better able to see the “treasure” at our feet.

Our summer schedules are over now; we have launched ourselves into new routines of school and work. No doubt the pace of our lives will now quicken, each day will bring a myriad of things to accomplish. Check out the upcoming events in this newsletter, and you will see our church family will be very busy for a while.

As we head into a new season of busyness, I invite you to take at least just a few minutes each day to slow down so that you may see the treasure all around you. The treasure you discover may be the smile of a child or grandchild, the memory of a loved one, a leaf turning orange and red, a beautiful cloud, sunrise or sunset. I also invite you to slow down enough to join us in church Sunday mornings whenever possible. One of the reasons I come to church is to press the pause button on my life, to slow down and gather with people who are also looking for treasure. We find treasure together in many ways on Sunday mornings, through beautiful music and words shared through a hymn, a prayer, and scripture. We find treasure together Sunday mornings in our laughter, our support for each other, even though our tears shed together. We find beauty in our sanctuary as we celebrate God’s constant presence with us, and God’s love for us.

I will be praying for you as you start another season in your home, and I invite you to join me each Sunday as we slow down and spend some time looking for treasure together.

~Pastor Steve

This 'N That...

A Note from Finance

To my Friends in Christ,

Thanks to all of you who have remembered to include First United Methodist Church in your giving this summer. It has helped us to meet our obligations on a more timely basis. That being said fall is fast approaching and we will once again be turning on the heat and using the lights for longer periods. Keeping current on our obligations is important now so that we will be able to take care of those higher energy costs as the weather cools. We appreciate your ongoing support of our church and look forward to having you with us this for the “back to church” days of fall.

Geoff Dapice, Finance Chair

Upcoming Fundraisers

UNO Pizzeria

Wednesday, September 11 All day (flyer needed)

Appleby's

October 1, 4-9 (flyer needed)

MOE's BBQ

October 15 (Time TBA) (no flyer needed but mention Bangor FUMC)

A.C. Moore

September 18th (flyer needed)

KEENAGERS

This special group for the “young at heart” meets throughout the year for lunch, fun, fellowship and learning. The program this month will be presented by Julie Monroe on guitar. A delicious meal is provided at a cost of \$5.00 with a few exceptions.

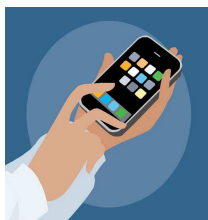
Upcoming Programs:

September 23: Tim Caverly: “So You Think You Know Maine?” \$6.00 meal

October 28: George Danby. Cartoonist for the Bangor Daily News \$6.00 meal

November 25: “Old Fashioned Thanksgiving– DVD

December 16: Yankee Swap, Carols, and Readings from *A Book of Christmas*



Please be sure to update your changes in phone numbers and address with the office. We want to keep in touch!

HEART HEALTHY BEAN SUPPER



September 28th

5:00-6:00pm



QR code for smart phones that will take you directly to the FUMC electronic donation

COMMUNITY MEALS FOR SEPTEMBER

SEPTEMBER MEALS

September 5: Subs & Soup

September 12: Chef's Choice

September 19: Beef Stew

September 26: Pot luck



SEPTEMBER NEEDS

Desserts are needed for each meal throughout September.

Desserts can be dropped off in the kitchen on Wednesday or before 2:00 on Thursday.

**Meals are subject to change due to*



COFFEE FELLOWSHIP GROUPS FOR SEPTEMBER

September 1: Sue White, Linda Thrush, Linda Folsom, Miriam Lucy

September 8: Mary Cissell Smith, Donna Leland, Barbara Warner

September 15: Dale & Julie Brownie, Jeff & Barbara Fister

September 22: Brad & Anne Porter, Michael & Rachel Downs

September 29: Linda Morris, Tammy Mason, Barbara Wing

MEMORIAL SERVICE

A Memorial Service will be held on Sunday, September 1 at 2:00 for Roy Warren, beloved son of Dottie Warren and brother of Bev Mansel.

The graveside service will take place at the Enfield Village Cemetery in Enfield, Maine.

A reception will follow at the Ammadamast Grange Hall.

In lieu of flowers please consider donations in memory of Roy to the Bangor First United Methodist Church.



FOOD CUPBOARD NEEDS FOR SEPTEMBER

During the month of August we are asking for donations of the following items for the food cupboard:

- **Pasta & Pasta sauce**
- **Side dishes like salad or rice mixes or Hamburger Helper**
- **Canned tuna or chicken**
 - **Peanut butter**
 - **Toilet paper**



NEWS FROM.....

And **MEMORY JOGGERS**

My Friend's Place and Memory Joggers themes for September are Threesome, All About Books, Corny Capers, Paint Power, Ode to Apple, School Days, Bottles, 1950's TV Westerns, Here Comes Autumn, Time Pieces, Amazing Autumn, and An Apple a Day

Music entertainment for September will be piano and song with Kay Eames, Sing-a-long with Nostalgia, music with Zella Harmon on her guitar, and music with Pastor Steve.

We are still looking for volunteers...If interested please see or call me at 945-0122. Our hours are Tuesday, Wednesday & Friday from 10:00 am – 2:00 pm

www.myfriendsplaceprogram.com

Blessings,

Dottie England, Director

GRATITUDE ATTITUDE

Summer is waning and fall will soon be with us. I LOVE fall!!! I love to “leaf peep” and I especially enjoy the invigorating fresh air that greets me on a chilly fall morning. I also love fall because for 46 years of my life I had the privilege to welcome a new group of students to my classroom and to my school. I also spent over 40 years working with college students who were preparing to be teachers!

I wanted to be a teacher from a very early age. I used to gather neighborhood friends on my front porch for “school”! It was great practice for my life’s work. Teaching is both rewarding and challenging and later in my career as an elementary principal, I found new and different challenges. I moved from a roomful of students to a school full. Daunting, but wonderfully exciting. I don’t recall a day when I didn’t want to go to work! I am so grateful that I could play a small part in the education of youngsters. I have to say though when the school busses start rolling every fall, I remember all those great years and wish I too was going back to school!

You also have a career....be it nurse, pastor, mother, father, teacher, caregiver, social worker, director of programming, grandparent, clerk, cook, retiree, dentist.....the list goes on. Remind yourself of the gifts and talents you bring to your vocation. Think about how they could support your co-workers and/or those to whom you provide a service. How might your vocation help you express your gratitude, and in turn be a conduit to help others find gratitude.

Every person on earth is dealing with something and we never know when by a friendly greeting, a smile, a pat on the back, a shared cup of coffee we can make a difference for someone. So be alert! Be watching and be grateful. You never know when your *gratitude attitude* will make a difference in someone’s life!

September Meetings / Events at Bangor First UMC



Meetings:

Sept 1: Worship Committee;
Sept 9: FLIA Childcare Comm
Sept. 18: SPRC; 5:30
Sept. 19: Evangelism
 Committee; 11:45
Sept 24: Ad Council; 7:00

Events/Services:

Sunday at 8:30 Pathways to God
 group (Bible / book studies)
Christian Education for Children
 10:45
Sunday worship at 10:30
Heart Healthy Bean Supper
 September 28 5:00-6:00
Choir rehearsal Wednesdays at
 7:00 (Sept –June)
Hand bell rehearsal TBA

Ongoing Group Meetings

Bible Study Meets again in
 Sept. at 1:00 on Mondays
Food Addicts in Recovery
 meet each Monday at 6:30
Bangor Community Chorus
 rehearses every Tuesday at
 6:00 (Sept-May)
Toymakers meet each Mon-
 day evening at 6:00
Cub Scouts meet on Wednes-
 days at 6:00 (Sept-June)
Delta Kappa Gamma meets
 monthly (Sept–June) on the
 first Monday.
AA Saturdays at 11:00 am

Karen C.
 Phyllis G.
 Sandra B.
 Jim B.
 Peg & David S.
 Phillip F.
 Bill P.
 Dawn R.
 Bob & Jackie L.
 Paul S.
 Anna F.
 Barry P.
 Albert & Leona S.

Marion G. Barry P
 Geneva I. Sue B.
 Mariam G Jean H.
 Paul S. Elwin
 Bob C Ann M.
 Eliana B. John C.
 Erica B.
 Family of Doug G.
 Family of Roy W.
 The homeless & hungry
 The Bangor Street Pas-
 tors



Prayer Requests

Into your hands Heavenly Father we entrust these people who are in need of your healing touch, knowledge of your presence, and your comfort.

Sustain them in good days and bad. Help them to feel your loving presence with them during every difficulty, for you are always there ahead of any circumstance.

Watch over all those who are in need. Help them to feel that you are always near them and know that all they need do is look to YOU for comfort and for strength.

In Your loving name we pray. Amen

Don't you know? Haven't you heard? The Lord is the everlasting God, the creator of the ends of the earth. He doesn't grow tired or weary. His understanding is beyond human reach, giving power to the tired and reviving the exhausted. Youths will become tired and weary, young men will certainly stumble; but those who hope in the Lord will renew their strength; they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary.
 Isaiah 40: 28-30 (Common English Bible)



SEPTEMBER BIRTHDAYS

Sun Mon Tue Wed Thu Fri Sat

1	2	3 Donna Leland	4	5	6 Nicholas Prins Robin Whitney	7 Marcel Tardif
8 Barbara Wing	9	10	11	12	13 Marise Barr	14 Al Soucie
15	16 Rachel Downs Vicki Mower	17	18 Sally Beal	19	20 Baerbel Pelkey Dottie England	21 Elaine Prins
22	23	24 David Griffeth-Hurst	25	26	27	28 Keith Antworth
29	30 Lilly McBreairty		<i>Happy Birthday</i>	<i>To you ... To Jesus be true</i>		God Bless you and keep you the whole year through!

If you don't find your name on the birthday calendar it is because the office doesn't have the information. If you would like to be included on the Birthday Calendar just let the office know the month and day. (We don't need the year unless you want to share it!)

Worship Assistants for SEPTEMBER 2019

***If you are unable to cover the date for which you are scheduled please arrange for a substitute or call the person who contacted you or give the office a call.

<u>Readers</u>	
1	Skippy Valentine
8	John Haskell
15	Stephen Ritz-Perkins
22	Pete Forrest
29	Jill Churchill

<u>Trustees</u>	
1	Gregg Stewart
8	David Pelkey
15	Bob Walls
22	Marybeth Allen
29	Andrew Croce


<u>Media</u>	
Geoff Dapice	
Wayne Griffeth-Hurst	
<u>Sound</u>	
Jim Burkhart	
Dale Brownie	

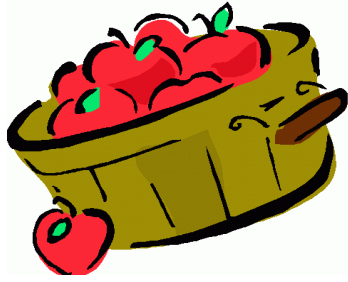
Greeters for the 10:30 am Traditional Worship

<u>Sanctuary Door</u>	
1	The Croce Family
8	Jim & Jane Sinclair
15	Skippy Valentine
22	Hillson & Sally Beal
29	Bob & Tammy Worcester

<u>Essex Street Door</u>	
1	Rolfe Flood
8	Linda Thrush
15	Lorena Fenlason
22	Donna Leland
29	Barbara Warner

<u>Back Door</u>	
1	Sue Croce
8	Linda Folsom
15	Jan Ashton
22	Barbara Wing
29	Gary & Jane Shaffer

	Newsletter Deadline	Worship Schedule
 <p style="text-align: center;">Fall is here but God will never let you fall!</p>	<p>Deadline for information for the October newsletter is September 16</p> <p>Information may be submitted in written form, via email or by phone.</p>	<p><i>Pathways to God 8:30</i></p> <p><i>Traditional Worship Service: 10:30</i></p> <p><i>Christian Ed for children at 10:45 (2nd-4th Sundays) through September-June ...</i></p> <p><i>Children's Christian Fellowship: June -September 1</i></p>



Bangor First United Methodist Church Calendar for.... September, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:30 Pathways 9:15 Choir rehearsal 10:30 Worship Worship committee	2 5:30 Birch Hill group 6:00: Toymakers 6:00: FAIR	3 9:00: Yoga 10:00: My Friend's Place	4 10:00 Memory Joggers 2:00 MFP Care-giver support group 1:30-3:00 EAAA volunteer recogn	5 9:00: Yoga 9:00 DCOM 10:00: My Friend's Place 4:00 Community	6 9:00 DCOM 10:00 My Friend's Place	7 11:00 AA
8 8:30 Pathways 10:30 Worship	9 4:00 DKG 6:00 FLIA Child-care comm. 6:00: Toymakers 6:00: FAIR	10 9:00 Yoga 10:00: My Friend's Place 5:00 MFP Board dinner 6:00 BCC	11 10:00 Memory Joggers 6:00 Scouts UNO'S Fund-raiser All day	12 9:00 Yoga 4:00 Community Meal	13 10:00 My Friend's Place	14 9:30 UMW 11:00 AA
15 8:30 Pathways 10:30 Worship Mission committee (tentative)	16 1:00 Bible study 6:00: Toymakers 6:00: FAIR	17 9:00 Yoga 10:00: My Friend's Place	18 10:00 Memory Joggers 5:30 SPRC 6:00 Scouts	19 9:00 Yoga 1:00 Piburn Evangelism committee 3:00 EAAA food distribution 4:00 C. Meal	20 10:00 My Friend's Place Wesley Seminary Courses 1-9:00	21 11:00 AA Wesley Seminary Courses 9-1:00
22 8:30 Pathways 10:30 Worship 10:45 Christian Ed	23 1:00 Bible study 6:00 Toymakers 6:00 FAIR	24 9:00: Yoga 10:00: My Friend's Place 7:00 Ad Council	25 10:00 Memory Joggers 6:00 Scouts	26 9:00: Yoga 4:00 Community Meal	27 10:00 My Friend's Place	28 AA 11:00 HEART HEALTHY BEAN SUPPER SPIRIT WEEKEND
29 8:30 Pathways 10:30 Worship SPIRIT WEEKEND	30 12:00 KEENAGERS 1:00 Bible study 6:00: Toymakers 6:00: FAIR					