Bangor First United Methodist Church
703 Essex Street , Bangor Maine

Cross Talk

JUNE, 2026

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A Note from our pastor Dr. Steve Smith....

Welcome to the month of June! This is the time of year for "milestone moments," is it not? Graduations, weddings, memorial services, spring birthdays; all combine to make this a time for noting and celebrating important life events.

What is central to all these events? The gift of love. We celebrate love during wedding ceremonies, at memorial services we embrace love which endures despite one's passing, at graduations our hearts swell with pride and love as we witness family members and friends receiving hard-earned diplomas. Birthdays cause us to pause and wonder at another year gone by too swiftly with our loved ones. The common thread woven through these milestone moments? Love.

Love is a gift. Set aside anything that gets in the way. Embrace it. Revel in it. After all, *"These three things remain—faith, hope, and love—and the greatest of these is love."* (1 Corinthians 13:13.)

Blessings,

Pastor Steve

The United Methodist Church

OPEN MINDS

OPEN HEARTS

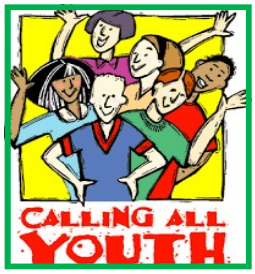
OPEN DOORS

Updating Contact information;

If you have changed phone number, email or home address please let the office know so we can keep our contacts current.

Thanks!

This 'N That...



Youth Group meets after church two Sundays a month.

FIBER ARTS FELLOWSHIP
Tuesdays 9:30-11:00

Everyone is welcome to come knit, crochet or do other craft projects with us on Tuesdays.

We continue to work on the warm prayer shawls, lap robes, and other projects that keep our fingers and needles busy.

They will be taking a break from mid-June until September. See you in the fall!

Next Men's Breakfast

Saturday, June 13

7 am, Dysart's on Broadway

FOOD CUPBOARD NEEDS

Any non-perishable items are gratefully accepted! But peanut butter & soup are always in high demand!

You are welcome to drop off donated food items at the back door of the church on **Thursdays from 10-1:00 or on Sunday mornings.**

Also checks are gladly accepted and can be sent to:

Bangor Food Pantry
PO Box 1106
Bangor, ME 04401

FUMC YARD SALE...
JUNE 26, 8-5 & June 27, 8-2

There's something for everyone come Shop Till You Drop!

Community Meal drive up meals each Thursday from 4-6 pm

Next Bean Supper drive up June 20, 2026 from 4-6pm

United Women in Faith

Please join us for our next meeting at 10 am on **June 13** at the church and on ZOOM. Call the Church office at 945-9567 or contact Julie Brownie if you want to receive emails or telephone calls about UWF events.

COMMUNITY MEAL

The Community Meal Take Out
Thursdays from 4-6
Drive up and pick up a delicious, nutritious meal!

GRATITUDE ATTITUDE...

This little cartoon shows a happy family. Mom, Dad, the kids, the pets the grandparents. All together, cuddling close! If you are lucky enough to have your parents and grandparents still with you, you are particularly fortunate!

Last month we celebrated Mother's Day and this month a day is designated to celebrate fathers. On these days we honor those who gave us life, who loved and cared for us for as long as they could and who even today, no matter how old we are, care for, love and support us. We also have days that celebrate grandparents, children and pets.

My brothers and I were truly blessed to have had parents and grandparents who loved us, cared for us, and worked very hard to make sure that we had what we needed and that we did what we should even when we didn't particularly want to! We were also very fortunate to have a "second mother", a business partner of my mother who had no children of her own, but "adopted" my brothers and I treating us as though we were her own. I am who I am today, due in large part to the love, support, caring and direction I received from these wonderful, caring and loving people and for the safe and nurturing environment that was our home. Like all families we had our times of disagreement, and misunderstandings. Like all families we had times of difficulties and stress. We all pulled together to do what needed to be done and we always knew our family would stand with us! We had times when we had great fun being together and we always knew our home was a safe and comforting place.

In addition to our biological families we have other families….our own family… our husband/wife/children/in-laws. We also have our church family. Our church family is very diverse. There are people of many ages, occupations, talents and personalities in our church family. As with all families we support one another in love. We watch out for each other and provide help and caring in times of need. We pull together when times get rough and pray daily for one another.

Most importantly we have a heavenly father who loves us unconditionally, who makes sure we have what we need, who supports us and who is available to us whenever needed. He wants what is best for us, he wants us to love him and to show his love to others. Knowing that we have his love is blessed assurance that we are never alone. So, be thankful for all your families, the one into which you were born, your church family and your father in heaven. Be Grateful! Say a prayer thanking God for his love and for all those who love and care for you. Then be sure to show your families how much they mean to you through your deeds, by staying in contact, and by an outpouring of love, caring and prayer. *Refreshed from 4/2020*

MY FRIEND'S PLACE
An Adult Social Program

And **MEMORY JOGGERS**

Spring has finally arrived and everyone is enjoying the sunshine and warmer weather. In keeping with the change in weather, we turned our minds to more appropriate themes like frogs, flowers, and Memorial Day. Here are just a few of the many things we learned.

Do you know the difference between a frog and a toad? They look alike but we found out that toads have dry skin and can live on land. Frogs have slimy skin and must live in water.

Flowers are something that makes everyone smile so we set out on a very interesting project. Our director Lisa, brought in clear plastic CD cases and gave everyone enough dirt to put into the case. Then we put in three sunflower seeds and a little water. When those were all put together we put them in the window where they got lots of sunshine. The following week we were amazed to see how much the seeds had grown. There was a root system in place and tiny leaves on top. We re-planted them, and everyone was able to take them home to plant in their own yard. One day they will have a beautiful sunflower to enjoy!

This past week we celebrated Memorial Day. We discussed facts and celebrations from the past. Many of us were reminded of facts we might have forgotten and we also learned some new facts. One of the new facts we learned was that Memorial Day was started after the Civil War on May 30, 1886. Women in the south decided they wanted to honor their dead soldiers and that year they started placing flowers on the soldiers graves. This continues for many years as a tradition and was first referred to as Decoration Day. Memorial Day became an official holiday in 1971 at that time the date was changed from May 30 to the fourth Monday in May. We also learned that American cemeteries and battle monuments in foreign countries are maintained by a federal agency that oversees these areas.

Get out and finds some frogs, enjoy the flowers and be grateful for those who have served our country!
Happy Spring!
Mary Keller, My Friend's Place/Memory Joggers Correspondent

2026 FUMC YARD SALE:

The biggest yard sale yet will be held June 26 and 27 at FUMC! We receiving donations. You can leave them in the entry way near the doors to the Sunday School wing. If you need a pick up we have a crew ready and willing so call Bob Allen at 944-4559.

Please no tires, mattresses, large appliances, propane tanks, gas or kerosene cans, torn or soiled clothing. The only TVs we can sell have to be flat screened and programmable. If you have something in really bad shape or irreparably dirty, please take it to the dump rather than donate it.

As usual we are looking for volunteers to make this sale a success! The funds go to church ministries so we want to make this year's sale an even BIGGER success than last year!

Contact Bob Allen or Judy Hastings if you would like to volunteer!

Prayer Requests and Joys at FUMC

Karen R-P

Page C.

Don S.

Charles W.

Family of Terry R-P

Family of Keith A.

Stacey W.

Steve E.

Helen W.

David H.

Suzanne W.

Tuhan K.

Bob C.

Family of Sharon R.

Donna & Beckett

Lynne D.

Family of Dale B.

Family of Madonna

Michael

Helen P.

Deb C.

Prayer Requests

Belle E.

Laura A.

Nancy H.

Mike R.

John C.

Matt M. & family

Darlene, Beth's mom

Pray for our nation...for love, understanding and peace

The homeless & hungry

Pray for all those suffering from cancer

For our pastors and church leaders including our Bishop and District Superintendent

For our children and youth

For those who provide the video links to those watching from home

JOYS

We are grateful for...

- God given courage & strength to face whatever life sends our way
- For the colorful flowers of summer
- For the sun's warmth
- For vacations to relax & unwind
- Health and recovery from illness
- Family & friends
- God's unconditional love
- For all those who help, even when not being asked
- Our pastors, musicians and media techs
- Opportunities to learn and grow our faith
- For those who feed the hungry in our community
- The support of our congregation
- Our pets who give unconditional love

Into your hands Heavenly Father we entrust these people who are in need of your healing touch, knowledge of your presence, and your comfort.

Sustain them in good days and bad. Help them to feel your loving presence with them during every difficulty, for you are always there ahead of any circumstance.

Watch over all those who are in need. Help them to feel that you are near them and know that all they need do is look to YOU for comfort and for strength.

In Your loving name we pray. Amen

Don't you know? Haven't you heard? The Lord is the everlasting God, the creator of the ends of the earth. He doesn't grow tired or weary. His understanding is beyond human reach, giving power to the tired and reviving the exhausted. Youths will become tired and weary, young men will certainly stumble; but those who hope in the Lord will renew their strength; they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary. *Isaiah 40: 28-30 (Common English Bible)*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Birthday to you! Happy Birthday to you! **God Bless you and keep you the whole year**	**1**	**2**	**3**	**4**	**5**	**6**
7	**8** Stacey Whittington	**9** Judy Smith	**10**	**11**	**12**	**13**
14 Hazel Chick	**15** Thelma Kelley Dan Hatch	**16** Ken Whitney Cooper Khoury	**17** Nancy Hansen	**18**	**19** Danelle Weston	**20**
21	**22**	**23** Kathie Merrill Deedra Dapice	**24**	**25** Patrick Weston	**26**	**27** Brad Porter
28	**29** Jane Sinclair John Haskell	**30** Jim Sinclair Dick Leonard				

If you don't find your name on the birthday calendar it is because the office doesn't have the information. If you would like to be included on the Birthday Calendar just let the office know the month and day. (We don't need the year unless you want to share it!)

Grow Your Faith at FUMC:

***Tuesday Bible Study meets at the church at 1:00pm & at 7pm via Zoom**

***8:30 Sunday Spirituals (discussion group)**

***In person and online Sunday morning worship at 10:30 with Sunday school**

***On line devotionals Monday, Wednesdays and Fridays via email**

Men's Breakfast devotion and fellowship the first Saturday at 7 am

***Join one of our women's faith and fellowships groups: United Women of Faith, Piburn Circle**

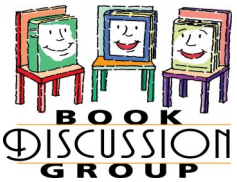
***Join the Fellowship Choir or come and play a handbell**

***Get involved in mission by helping with our Community Meal on Thursdays... with our Bean Suppers throughout the year...or volunteer at My Friend's Place**

***Visit our library and check out a book for enjoyment, information or to grow your faith.**

***Volunteer to serve on a church committee**

We are a busy church and there are lots of ways to grow! For information about any of our programs contact the office at 945-9567



Groups meet on Tuesdays at 1pm at church and at 7:00 pm via Zoom. A new study begins this month.

FRIDAY, JUNE 26

8-4

SATURDAY, JUNE 27

8-2

Breakfast snacks and lunch are available.

There's something for everyone! Come shop till you drop!

Monies raised support church ministries.

	Newsletter Deadline	Worship Schedule
Be grateful for summer fun!	**Deadline for information for the July newsletter is June 22** Information may be submitted in written form, via email, or by phone.	*Sundays….* *Pathways to God 8:30 via Zoom* *Traditional Worship Service: 10:30 On-line and in person*

2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Office Open 7:30-11:30 **My Friend's Place 10-2**	**2** Office open 7:30-11:30 **Mahjong 9am** **Fiber Arts 9 am** **Tai Chi 2:30**	**3** Office open 7:30-11:00 **Memory Joggers 10-2**	**4** Office open 7:30-11:00 **Mahjong 12:30** **Community meal 4-6** **Study at 7 pm**	**5** Office closed **My Friend's Place 10-2**	**6** **AA at 11:00** **Wedding**
7 8:30 Pathways 10:30 Worship	**8** Office Open 7:30-11:30 **My Friend's Place 10-2** **DKG Exec. Committee 4:30**	**9** Office open 7:30-11:30 **Mahjong 9am** **Fiber Arts 9 am** **Tai Chi 2:30**	**10** Office open 7:30-11:00 **Memory Joggers 10-2**	**11** Office open 7:30-11:00 **Mahjong 12:30** **Community meal 4-6** **Evangelism Comm. 10:30**	**12** Office closed **My Friend's Place 10-2**	**13** **Men's breakfast 7 am at Dysart's** **AA at 11:00** **UWF at 10 am**
14 8:30 Pathways 10:30 Worship	**15** Office open 7:30-11:30 **My Friend's Place 10-2**	**16** Office open 7:30-11:30 **Mahjong 9am** **Fiber Arts 9 am** **Tai Chi 2:30**	**17** Office open 7:30-11:00 **Memory Joggers 10-2**	**18** Office open 7:30-11:00 **Community meal 4-6** **Mahjong 12:30** **EAAA Food distribution 3**	**19** Office closed **My Friend's Place 10-2**	**20** **AA at 11:00** **Bean Supper 4-6**
21 8:30 Pathways 10:30 Worship	**22** Office open 7:30-11:30 **My Friend's Place 10-2**	**23** Office open 7:30-11:30 **Mahjong 9am** **Fiber Arts 9 am** **Tai Chi 2:30**	**24** Office open 7:30-11:00 **Memory Joggers 10-2**	**25** Office open 7:30-11 **Community meal 4-6** **Mahjong 12:30**	**26** Office closed **My Friend's Place 10-2** **YARD SALE 8-5**	**27** **AA at 11:00** **YARD SALE 8-2**
28 10:30 Worship	**29** Office open 7:30-11:30 **My Friend's Place 10-2**	**30** Office open 7:30-11:30 **Mahjong 9am** **Fiber Arts 9 am** **Tai Chi 2:30**				