

Bangor First United Methodist Church
703 Essex Street , Bangor Maine



Cross



Talk

May, 2019

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First

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The United Methodist
Church



OPEN MINDS
OPEN HEARTS
OPEN DOORS

Dear Church Family,

It's no secret that I've been having trouble getting around lately. You've probably seen me limping, and more recently, using a cane. Unfortunately my osteoarthritis has progressed to the point where joint replacement is necessary. On Tuesday, May 7, I will undergo a total hip replacement at EMMC. Recovery time for this procedure is generally 4-6 weeks, though my surgeon has agreed that I might be able to return to light duty earlier than that, if my progress is good. In the interim I will be able to do some work from home, but for Sunday worship and pastoral emergencies I will be relying on Pastor Jeff and other area colleagues to pinch hit for me.

Although I'm looking forward to the pain relief this surgery will provide me, I wish the timing were different. As you know, I'm preparing for re-appointment to the Arnold Mills UMC in Cumberland, RI. In the past, it's been my practice to do everything possible to provide for good closure when leaving a church (e.g., making final visits to shut-ins; having important conversations with individuals, groups, and committees; offering sermons about transition and letting go, etc.) However, my recovery time could conceivably take me very close to my departure date. The church's lease on the parsonage terminates the first week of June, so the moving company will be coming for my things on June 3 and my availability will be very limited beyond that date.

Rest assured that I'll be working hard at the post-op physical therapy so I can return as quickly as possible. It's my hope and prayer that my recovery time will be short enough that we'll have enough time left together for a "good goodbye". In the meantime, I ask for your prayers for May 7 and for my recovery period. I truly appreciate your love, support, and understanding.

Grace and Peace,

Pastor Arlene

This 'N That...

COFFEE FELLOWSHIP GROUPS 2019

Coffee Fellowship should be set up by 11:30. Groups are also responsible to clean up after, return the kitchen to it's original set up, take the trash to the dumpster, and take home the dishcloths for laundering. *Please also make sure the dishwasher and coffee pots are off!* **If your team needs to change your day, please switch with another team below you on the list.**

May: 5: Kerry & Pat Woodbury, Amy Nye

May 12: Dottie England, Peg Johnson, Stacey Whittington

May 19: David & Baerbel Pelkey, Nick Prins, David & Peg Swett

May 26: Dan & Louise Hatch, Sylvia Moore

June 2: Clyde & Judy Pelkey, Lorena Fenlason

June 9: Scott & Sue Edwards, Rosemary & Dick Leonard

June 16: Marcia Biggane, Roz Fisher, Bob & Marie Walls

June 23: Andy & Diane Moody, Jeff & Jill Churchill

June 30: The Ritz-Perkins family, Gary & Jane Shaffer



ANNUAL FUMC YARD SALE

June 28-29

Friday, June 28th 8 Am-5 PM

Saturday June 29th 8 Am -2 PM

Sections will feature: Clothes (children & adult), flowers and plants, furniture, housewares, linens, small appliances, tools, sports equipment, pet supplies, books (all ages), lawn and garden supplies, camping equipment, toys, games and puzzles.

DONATIONS CAN BE DROPPED OFF *NOW* IN ROOM 1

We cannot accept large appliances, TV's, washers, dryers, stoves, fridges, freezers or tires.

Questions? Call Bob Allen at 944-4559.

This 'N That...

PIBURN CIRCLE

May 16 at 1:00 in the Fireside Room.

Program: *I Learned it From My Mother*

KEENAGERS

This special group for the “young at heart” meets throughout the year for lunch, fun, fellowship and learning. The program this month will be presented by Julie Monroe on guitar. A delicious meal is provided at a cost of \$5.00 with a few exceptions.

Upcoming Programs:

May 20: “Name That Tune” with Mary Smith

June, July and August no meetings

September 23: Tim Caverly: “So You Think You Know Maine?” \$6.00 meal

October 28: George Danby. Cartoonist for the Bangor Daily News \$6.00 meal

November 25: “Old Fashioned Thanksgiving– DVD

December 16: Yankee Swap, Carols, and Readings from *A Book of Christmas*

Leadership Academy

Hampden Highlands UMC

9:30-3:30

This is a day of specialized worships on church leadership. Anyone with a leadership position in the church should plan to attend.



United Methodist Women

May 11 at 9:30 in the Fireside Room

The Intentional Discipleship Team Meets.....

Wednesday, May 1 at 6:00

HEART HEALTHY BEAN SUPPER

May 18

5:00-6:00pm



MONDAYS AT 1:00 IN THE FIRESIDE ROOM
EVERYONE IS WELCOME!



Please be sure to update your changes in phone numbers and address with the office. We

Spring

COMMUNITY MEALS FOR MAY

MAY MEALS

- May 2:** American Chop Suey
- May 9:** Soup & assorted salads
- May 16:** Tacos
- May 23:** Soup & subs
- May 30:** Pot Luck

**Meals are subject to change due to unforeseen circumstances*



MAY NEEDS

- May 2** Desserts
- May 9:** Desserts
- May 16:** Desserts
- May 23:** Desserts
- May 23:** Desserts



COFFEE FELLOWSHIP GROUPS FOR MAY

- May: 5:** David & Baerbel Pelkey, Nick Prins, David & Peg Swett
- May 12:** Dottie England, Peg Johnson, Stacey Whittington
- May 19:** Kerry & Pat Woodbury, Amy Nye
- May 26:** Dan & Louise Hatch, Sylvia Moore



QR code for smart phones that will take you directly to the FUMC electronic donation page.



FOOD CUPBOARD NEEDS FOR MAY

During the month of January we are asking for donations of the following items for the food cupboard:

- **Pasta**
- **Pasta sauce**
- **Canned tuna or chicken**
- **Soups**
- **Peanut butter**
- **Toilet paper**

CELEBRATION OF THE MINISTRY OF PASTOR ARLENE TULLY

JUNE 2

Following worship

A lunch will be served and we will have a wonderful time recalling Pastor Arlene and her ministry dog Kirby's time here at FUMC!

Please plan to join us in recognizing her ministry and wishing her well in her new appointment !

NEWS FROM.....

And **MEMORY
JOGGERS**

My Friend's Place and Memory Joggers

My Friend's Place and Memory Joggers themes for May are: May Flowers, It's a Puzzle, Baseball Season, Going Buggy, May Day, Newfoundland, How Well Does Your Garden Grow?, Butterflies, Rain Forest, Cinco de Mayo, Butterflies, Time to Plant, Memorial Day, and Peanut Butter.

Music entertainment for May will be piano and songs with Kay Eames, Sing-a-long with Nostalgia, and music with Zella Harmon on her guitar.

On Wednesday, May 8th, I will be doing a presentation on caring for folks with dementia at the Meadows in Orono. On Tuesday, May 14th, I will be doing a presentation about My Friend's Place for the Women's Group, at Orrington Congregation Church. If you know of any organization that might be interested in learning more about My Friend's Place, please let me know. I would be happy to contact them.

We are still looking for volunteers...If interested please see or call me at 945-0122. Our hours are Tuesday, Wednesday & Friday from 10:00 am – 2:00 pm

www.myfriendsplaceprogram.com

Blessings,

Dottie England, Director

MAY Meetings / Events at Bangor First UMC



Meetings:

May 5: Worship Committee
May 11: UMW; 9:30
May 16: Piburn; 1:00
May 28: Ad Council; 7:00
May 26: Evangelism
May 20: Keenagers; noon

Events/Services:

Sunday at 8:30 Pathways to God group
Christian Education 10:45 (2nd-4th Sundays)
Sunday worship at 10:30
Choir rehearsal Wednesdays at 7:00
Hand bell rehearsal Thursdays at 6:45
CHILDREN'S SUNDAY
MAY 26

Ongoing Group Meetings

Bible Study Mondays at 1pm
Food Addicts in Recovery meet each Monday at 6:30
Bangor Community Chorus rehearses every Tuesday at 6:00 (Sept-May)
Toymakers meet each Monday evening at 6:00
Cub Scouts meet on Wednesdays at 6:00 (Sept-June)
Delta Kappa Gamma meets monthly (Sept-June) on the first Monday.
AA Saturday at 11:00 am

Karen C.
 Donna L.
 Sandra B.
 Peg & David S.
 Phillip F.
 Norm & Marguerite
 Bill P.
 Dawn R.
 Bob & Jackie L.
 David B.
 Maxx A.
 Barry P.
 Albert & Leona S.

Marion G.
 Geneva I.
 Sue B.
 Mariam G.
 Family of Linda C-M
 Latuya B. & baby
 Jean H.
 Maxx A.
 Bob C.
 Ann M.
 Eliana B.
 Barry P.
 The homeless & hungry



Prayer Requests

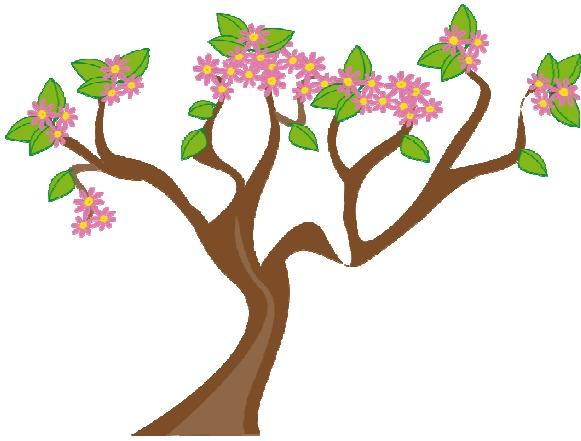
Into your hands Heavenly Father we entrust these people who are in need of your healing touch, knowledge of your presence, and your comfort.

Sustain them in good days and bad. Help them to feel your loving presence with them during every difficulty, for you are always there ahead of any circumstance.

Watch over all those who are in need. Help them to feel that you are always near them and know that all they need do is look to YOU for comfort and for strength.

In Your loving name we pray. Amen

Don't you know? Haven't you heard? The Lord is the everlasting God, the creator of the ends of the earth. He doesn't grow tired or weary. His understanding is beyond human reach, giving power to the tired and reviving the exhausted. Youths will become tired and weary, young men will certainly stumble; but those who hope in the Lord will renew their strength; they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary.
Isaiah 40: 28-30 (Common English Bible)



MAY BIRTHDAYS

Sun Mon Tue Wed Thu Fri Sat

			1	2 Ida Bishop	3	4 Sherry Robinson
5	6	7	8	9 Peg Swett	10 Sandra Burke	11 Annie Haskins
12	13	14 Terry Ritz-Perkins Jeff Sennett	15	16	17	18
19 Geneva Inman	20 Wayne Griffeth-Hurst	21	22	23 Julie Brownie	24	25 Megan Christensen
26	27	28 Bob Allen	29	30 Tammy Worcester	31	
			<i>Happy Birthday</i>	<i>To you ... To Jesus be true</i>		God Bless you and keep you the whole year through!

Worship Assistants for APRIL, 2019

***If you are unable to cover the date for which you are scheduled please arrange for a substitute or call the person who contacted you or give the office a call.

<u>Readers</u>	
5	Julie Brownie
12	Morgan Downs
19	Gary Shaffer
26	Sunday School

<u>Trustees</u>	
5	David Pelkey
12	Gregg Stewart
19	Andrew Croce
26	Marybeth Allen



<u>Media</u>	
Geoff Dapice	
Wayne Griffeth-Hurst	
<u>Sound</u>	
Jim Burkhart	
Dale Brownie	

Greeters for the 10:30 am Traditional Worship

<u>Sanctuary Door</u>	
5	Dan & Louise Hatch
12	Jan Ashton
19	Bob Worcester
26	Charlotte Witham

<u>Essex Street Door</u>	
5	Barbara Wing
12	Morita Tapley
19	Linda Thrush
26	Rolfe Flood

<u>Back Door</u>	
5	Rolfe Flood
12	Jackie Tapley
19	Sue Croce
26	Gary & Jane Shaffer

	Newsletter Deadline	Worship Schedule
 <p style="text-align: center;"><i>Let Gratitude in the evening....</i></p>  <p><i>Bring you joy in the morning!</i></p>	<p>Deadline for information for the June newsletter is May 20.</p> <p>Information may be submitted in written form, via email or by phone.</p>	<p><i>Pathways to God 8:30</i></p> <p><i>Traditional Worship Service: 10:30</i></p> <p><i>Christian Ed for children at 10:45 (2nd-4th Sundays) through June ...</i></p> <p><i>Children's Christian Fellowship: (June -early September.)</i></p>

And as for Being Grateful.....

I have had and continue to have a wonderful life! And I am SO grateful. It's not that I haven't had my share of "low times" and loss, but it always seems that I have felt ,even more acutely the presence of God during those times.

On the day my husband Charles had his first heart surgery, I had been at the hospital since early morning as we awaited his "turn". The First United Methodist clergy were there with me, Gene Koelker, Joan DeSanctis...the surgery seemed to last forever and after it was finished I waited for awhile to make sure things were stable. Joan and I walked out of Eastern Maine Medical Center together around 11:30 pm that evening into a crystal clear night. Straight ahead of me was one of the brightest full moons I had ever seen, and in that moment I had such an overwhelming sense that God was there with me and felt such peace, that I knew that things were going to be alright. Charles enjoyed a reasonably healthy life for over 25 years after that surgery, and he so often remarked that he too had a sense that God was with him that night. That wasn't to be the end of hospital visits for him, but his faith helped him get through all of them. I hope that in your life trials you too have felt that powerful, overwhelming sense of God's presence with you.

We have just celebrated Easter....and what a celebration it was! It was the favorite Sunday of my husband Charles as he well understood how the ultimate sacrifice of Christ on the cross brings to all of us life eternal. For us it is and should be the most significant reason for gratitude. For God SO Loved the world!

So what does the joy of Easter mean for us as we move through our journeys? It means that we must put on our "Gratitude Attitudes" and demonstrate that Easter message of the unconditional love of God to everyone we meet! Our attitudes and our gratitude can demonstrate to others a joy and peace that can be infectious and change the world one person at a time!

Transportation for All

Faith Linking in Action is a program that brings together Greater Bangor faith communities to address root causes of poverty. Although the Bangor area does have a public transportation system, its limitations impedes our resident's ability to access effective transportation to work, medical appointment and shopping. Transportation for All supports efforts to make this system better. We seek to identify the needs and facilitate efforts to meet them. It's an arduous process. Some of the areas identified are more frequent runs, extended hours, and better access to senior discounts and improved route design. We would also like to see better route identification, real time bus travel information, designated stops and more bus shelters.

Transportation for All is a group of bus riders, clergy, bus drivers and supporters working together for a strong bus system. We meet the 1st and 3rd Thursday of the month from 9-11 AM.

It's not necessary to attend both meetings. If you would like to support this effort please contact Judy Hastings at 947-5751 or like us on Facebook for more information.



Bangor First United Methodist Church Calendar for....

MAY, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Mem- ory Joggers 6:00 Scouts 6:00 Choir 6:00: Inten- tional Disciple- ship	2 9:00 Yoga 4:00 Community Meal 6:45 Bells	3 10:00 My Friend's Place	4 11:00 AA District leadership Academy at Hampden UMC 9:30
5 8:30 Path- ways 10:30 Worship Worship Com- mittee BHS Concert	6 1:00 Bible Study 4:00: DKG 6:00: Toymakers 6:00: FAIR	7 9:00 Yoga 10:00: My Friend's Place 6:00 BCC	8 10:00 Memory Joggers 6:00 Scouts 6:00 Choir	9 9:00 Yoga 4:00 Community Meal 6:45 Bells	10 10:00 My Friend's Place	11 9:30 UMW 11:00 AA
12 8:30 Pathways 10:30 Worship MOTHER'S DAY	13 1:00 Bible Study 6:00: Toymakers 6:00: FAIR 6:00 FLIA Child- care meeting	14 9:00 Yoga 10:00: My Friend's Place 6:00 BCC 5:30 Birch Hill group	15 10:00 Memory Joggers 6:00 Scouts 6:00 Choir	16 9:00Yoga 4:00 Community Meal 1:00 Piburn 3:00 Food dis- tribution CSFP	17 10:00 My Friend's Place	18 11:00 AA HEART HEALTHY BEAN SUPPER 5:00-6:00
19 8:30 Pathways 10:30 Worship 10:45 Christian Ed	20 10-2:00 Keenagers 6:00 Toymakers 6:00 FAIR	21 9:00 Yoga 10:00: My Friend's Place 6:00 BCC	22 10:00 Memory Joggers 6:00 Scouts 6:00 Choir	23 9:00 Yoga 4:00 Community Meal 6:45 Bells	24 10:00 My Friend's Place	25 11:00 AA
26 8:30 Pathways 10:30 Worship Children's Sunday Evangelism Committee	27 MEMORIAL DAY Church closed 1:00 Bible Study 6:00: Toymakers 6:00: FAIR	28 9:00 Yoga 10:00: My Friend's Place 6:00 BCC 7:00 Ad Council	29 10:00 Memory Joggers 6:00 Scouts 6:00 Choir	30 9:00 Yoga 4:00 Community Meal 6:45 Bells	31	