

Bangor First United Methodist Church
703 Essex Street , Bangor Maine



Cross



Talk

August, 2019

For Information...

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First

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The United Methodist
Church



OPEN MINDS
OPEN HEARTS
OPEN DOORS

What is the best-selling Christian song of all time? I think the answer may surprise you. No, it's not Amazing Grace, or The Old Rugged Cross. The best-selling Christian song ever is.....drum roll please.... I Can Only Imagine written and sung by Bart Millard, lead singer of the group *Mercy Me*.

The song was technically written in an astounding ten minutes, but as Bart explains, in a sense it took his entire lifetime to write it. The song is about his relationship with his dad, who Bart describes as a monster when he was being raised. But then something amazing happened- Bart witnessed the transformation of his father from monster to a loving, best friend after he decided he wanted to be a Jesus follower. God came into that father-son relationship bringing healing and reconciliation in a big way. Sadly, his father died of cancer; the song "I Can Only Imagine" speaks of a time when son will again be reunited with his father in heaven.

A movie featuring this song and the relationship between Bart and his father was produced a couple of years ago. It became best-selling movie; a group of us went to the theater to see this movie shortly after it was released. If you haven't seen it yet-do so, and prepare yourself for a tremendous experience (and bring some Kleenex.)

One of the reasons I treasure this movie is because it demonstrates the power of transformation that comes in relationship with God through Jesus; transformation for ourselves, our relationships, our community and our world. I am not suggesting this relationship necessarily "fixes" everything about our lives. There will still be bills to pay, and we will still struggle with the usual issues of life. Yet amidst all of this we are able to experience a love and peace which "transcends our understanding" (from Paul the Apostle-Philippians.)

Plan to be with us in church during these weeks of summer as we embrace learning, laughter, music and warm fellowship. My goal as pastor is to be part of creating a time of transformation together Sunday mornings when we are reminded of why the ancient scriptures are important and relevant to us in 2019, and how meeting as a church family inspires us to sing "I Can Only Imagine" together. **See you in church!**

~Pastor Steve

This 'N That...

A Note from Finance

To my Friends in Christ,

Thanks to all of you who have remembered to include First United Methodist Church in your giving this summer. It has helped us to meet our obligations on a more timely basis. That being said summer hasn't left us as yet and bills still are coming in so please continue your support. Enjoy your summer and be sure to join us when you can and be inspired by worship with our new pastor!

Geoff Dapice, Finance Chair



VACATION BIBLE SCHOOL 2019

Thanks to everyone who helped in any way with VBS. It was a great success!

BENEFIT AT SWEET FROG

SATURDAY, AUGUST 17.....ALL DAY!

Enjoy a sweet treat and help the church too!



KEENAGERS

This special group for the "young at heart" meets throughout the year for lunch, fun, fellowship and learning. The program this month will be presented by Julie Monroe on guitar. A delicious meal is provided at a cost of \$5.00 with a few exceptions.

Upcoming Programs:

June, July and August no meetings

September 23: Tim Caverly: "So You Think You Know Maine?" \$6.00 meal

October 28: George Danby. Cartoonist for the Bangor Daily News \$6.00 meal

November 25: "Old Fashioned Thanksgiving- DVD

December 16: Yankee Swap, Carols, and Readings from *A Book of Christmas*



Please be sure to update your changes in phone numbers and address with the office. We want to keep in touch!

HEART HEALTHY BEAN SUPPER



August 31
5:00-6:00pm



QR code for smart phones that will take you directly to the FUMC electronic donation

COMMUNITY MEALS FOR AUGUST

AUGUST MEALS

- August 1:** Chicken Drummies & salads
- August 8:** Chef's choice
- August 15:** Pork sandwiches & salads
- August 22:** Soup & assorted salads
- August 29:** Pot luck



AUGUST NEEDS

Desserts are needed for each meal throughout August.

Desserts can be dropped off in the kitchen on Wednesday or before 2:00 on Thursday.

**Meals are subject to change due to*

COFFEE FELLOWSHIP GROUPS FOR AUGUST



- August 4:** Polly Goding, Gerald & Leitha Karnes
- August 11:** Lisa & Jaddah Swett, Deb, Rebekah & Hannah Friedman
- August 18:** Gregg Stewart, Ann Marie Boudreau, Barbara Wais
- August 25:** David & Judy Hastings, Sherry Robinson

TEXAS ROADHOUSE FUNDRAISER

Support

Bangor First United Methodist Church

By enjoying a night out at

Texas Roadhouse
504 Stillwater Ave
207-262-6122

Thursday, August 29

4-8 pm

Present the special flyer that can be found on the Welcome Table in the narthex at the Bangor location, and **Texas Roadhouse** will donate 10% of our total food purchases to FUMC!



FOOD CUPBOARD NEEDS FOR AUGUST

During the month of August we are asking for donations of the following items for the food cupboard:

- **Pasta & Pasta sauce**
- **Side dishes like salad or rice mixes**
- **Canned tuna or chicken**
 - **Cereal**
 - **Toilet paper**

NEWS FROM.....

And **MEMORY JOGGERS**

My Friend's Place and Memory Joggers themes for August are Seashells, Basket of Blueberries, Picnic Time, Sitting on the Porch, Tin Cans, Half a Dozen, Garden Veggies, Dog Days of Summer, Let's Make Pickles, Blueberry Blue, The 5 Senses, Lighthouses, and Labor Day.

Music entertainment for August will be piano and song with Kay Eames, Sing-a-long with Nostalgia, Sing-a-long with Bob Worcester and music with Zella Harmon on her guitar.

We are still looking for volunteers...If interested please see or call me at 945-0122. Our hours are Tuesday, Wednesday & Friday from 10:00 am – 2:00 pm

www.myfriendsplaceprogram.com

Blessings,

Dottie England, Director

GRATITUDE ATTITUDE

Summer.....sun, sand, warm temperatures, ocean breezes, the lake, hiking, camping with family and friends, traveling to new places, time away from work....from stress. Summer in Maine is beautiful and peaceful. What a wonderful place to be able to think about and express our gratitude as we enjoy the beauty around us. As you relax think about all that you have and be grateful. Remind yourself also of **your** gifts and talents, and think about how they might help you express your gratitude, and in turn be a channel to help others find gratitude.

The news reminds us daily of the plight of those at our southern border seeking a safer life who are finding themselves living in less than ideal circumstances. And the children there.....Jesus did want us to watch out for the least among us....didn't He? I cannot put myself in their shoes....I have everything I need and more including a birthright that allows me to live in this country of guaranteed freedoms. I can't travel there to help out. I can however demonstrate my gratitude through the work I can do here for those in need and pray for our nation's leaders who have the power to make a difference through their actions.

Be mindful in your prayers of those who are having difficulty finding anything in their lives for which to be grateful. Some turn to substances, some to anger, some to depression. Some leave home and become estranged from their families. In difficult times in our lives it is often easier to curse our misfortune than to be grateful for its power to lead us in a new direction. Say a prayer of gratitude for all that you have, and pray diligently for those who hurt that they, through us as channels, will find peace.

JULY Meetings / Events at Bangor First UMC



Meetings:

August 4: Worship Committee; 11:45

August 13: Intentional Discipleship at 6:30

August 21: SPRC; 5:30

August 27: Ad Council; 7:00

August 25: Evangelism Committee; 11:45

Events/Services:

Sunday at 8:30 Pathways to God group (Bible / book studies)

Christian Fellowship Time for Children 10:45

Sunday worship at 10:30

Heart Healthy Bean Supper August 31 5:00-6:00

Choir rehearsal Wednesdays at 7:00 (Sept–June)

Hand bell rehearsal Thursdays at 6:45 (Sept–June)

Ongoing Group Meetings

Bible Study Meets again in Sept. at 1:00 on Mondays

Food Addicts in Recovery meet each Monday at 6:30

Bangor Community Chorus rehearses every Tuesday at 6:00 (Sept-May)

Toymakers meet each Monday evening at 6:00

Cub Scouts meet on Wednesdays at 6:00 (Sept-June)

Delta Kappa Gamma meets monthly (Sept–June) on the first Monday.

AA Saturdays at 11:00 am

Karen C.

Cathie M.

Sandra B.

Peg & David S.

Phillip F.

Roy W.

Bill P.

Dawn R.

Bob & Jackie L.

Paul S.

Anna F.

Barry P.

Albert & Leona S.

Marion G.

Geneva I.

Mariam G

Paul S.

Bob C

Eliana B.

Erica B.

Family of Doug G.

Family of Roy W.

The homeless & hungry

The Bangor Street Pastors

Barry P

Sue B.

Jean H.

Elwin

Ann M.

John C.



Prayer Requests

Into your hands Heavenly Father we entrust these people who are in need of your healing touch, knowledge of your presence, and your comfort.

Sustain them in good days and bad. Help them to feel your loving presence with them during every difficulty, for you are always there ahead of any circumstance.

Watch over all those who are in need. Help them to feel that you are always near them and know that all they need do is look to YOU for comfort and for strength.

In Your loving name we pray. Amen

Don't you know? Haven't you heard? The Lord is the everlasting God, the creator of the ends of the earth. He doesn't grow tired or weary. His understanding is beyond human reach, giving power to the tired and reviving the exhausted. Youths will become tired and weary, young men will certainly stumble; but those who hope in the Lord will renew their strength; they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary.
Isaiah 40: 28-30 (Common English Bible)



AUGUST BIRTHDAYS

Sun Mon Tue Wed Thu Fri Sat

				1	2	3
4	5 Heather Haskins Jeremy Clark Lily-Ann Ogden	6 Hannah & Re- bekah Friedman	7 Dom Swett	8	9 Jill Smith	10
11	12 Jim Burkhart	13	14	15 Marcia Biggane Barbara Fister Sadie Harrington	16 Geoff Dapice Linda Morris	17 Peter Burke
18	19	20	21	22	23	24 Barbara Davis Barbra Warner
25 Lonna Seguin	26	27	28 Polly Goding Marion Galligan	29	30	31
			<i>Happy Birthday</i>	<i>To you ... To Jesus be true</i>	 <i>Happy Birthday!</i>	God Bless you and keep you the whole year through!

Worship Assistants for AUGUST 2019

***If you are unable to cover the date for which you are scheduled please arrange for a substitute or call the person who contacted you or give the office a call.

Readers

- 4 Gary Shaffer
- 11 Bill Lagerstrom
- 18 Roz Fisher
- 25 Karen Ritz-Perkins

Trustees

- 4 Bob Walls
- 11 David Pelkey
- 18 Marybeth Allen
- 25 Andrew Croce

Media

- Geoff Dapice
- Wayne Griffeth-Hurst

Sound

- Jim Burkhart
- Dale Brownie

Greeters for the 10:30 am Traditional Worship

Sanctuary Door

- 4 Karen & Terry Ritz-Perkins
- 11 Bob & Tammy Worcester
- 18 The Croce Family
- 25 Charlotte Witham

Essex Street Door

- 4 Roz Fisher
- 11 Kacey Commeau
- 18 Linda Thrush
- 25 Barbara Wing

Back Door

- 4 Stephen Ritz-Perkins
- 11 Mary Ann Harlan
- 18 Gary & Jane Shaffer
- 25 Rolfe Flood

Newsletter Deadline

Deadline for information for the September newsletter is August 19

Information may be submitted in written form, via email or by phone.

Worship Schedule

Pathways to God 8:30
Traditional Worship Service: 10:30
Christian Ed for children at 10:45 (2nd-4th Sundays) through September-June ...
Children's Christian Fellowship: June -September 1



A Time for Renewing & Relaxing
 Enjoy!
 (Winter's coming!)



Bangor First United Methodist Church Calendar for.... August, 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 10:00 My Friend's Place Office closed	3 11:00 AA
4 8:30 Pathways 10:30 Worship Worship committee	5 Office closed 6:00: Toymakers 6:00: FAIR	6 9:00 Yoga 10:00: My Friend's Place	7 10:00 Memory Joggers 2:00 MFP Care- giver support group	8 9:00 Yoga 4:00 Community Meal	9 10:00 My Friend's Place	10 11:00 AA
11 8:30 Pathways 10:30 Worship	12 6:00: Toymakers 6:00: FAIR	13 9:00 Yoga 10:00: My Friend's Place 6:30 Inten- tional Disciple- ship	14 10:00 Memory Joggers 6:00 Intentional Discipleship 5:30 SPRC	15 9:00Yoga 4:00 Community Meal	16 10:00 My Friend's Place	17 11:00 AA
18 8:30 Pathways 10:30 Worship 10:45 Christian Ed	19 6:00 Toymakers 6:00 FAIR	20 9:00: Yoga 10:00: My Friend's Place 7:00 Ad Council	21 10:00 Memory Joggers 2:00 MFP Care- giver support group	22 9:00: Yoga 3:00 Food dis- tribution CSFP 4:00 Community Meal	23 10:00 My Friend's Place	24 11:00 AA
25 8:30 Pathways 10:30 Worship Evangelism committee	26 6:00: Toymakers 6:00: FAIR	27 9:00: Yoga 10:00: My Friend's Place	28 10:00 Memory Joggers	29	30	31 HEART HEALTHY BEAN SUPPER 5:00-6:00